Dear Parents/Carers,

This will be the last Bulletin for term 2 so don’t forget the early finish of 2.00pm on Friday 29th June.

Last week we had Bendigo Bank filming a promotional video in the school. The Highett Branch of the Bank has been incredibly generous in their donations. They were the major group in renovating the pool and each year have assisted us with further programs. We will shortly discuss the possibility of raising funds for a new bus. We are looking for a 8-10 seater (automatic) that will enable all staff to drive it without getting an endorsed licence. Does anyone have any connections to a car dealer so we could get a good quote? If so please let me know as soon as possible.

School Based Apprenticeship and Traineeships (S.B.A.T.S.):

Last week we held an information evening for parents interested in their students applying for SBATS. It was well attended and Samantha Pine (Marriott Employment Services) and Fiona Waugh (BGKLEN) presented information about the program and how parents should apply. Attached to this Bulletin is a Time line for applications and interviews. The program is in its second year of operation and is currently accessed by Berendale School and Montague. Essentially it means that students start an Apprenticeship or Traineeship whilst still at school. The difference in our program is the level of support that is given to the student, employer and parents from the 17 different organisations supporting the scheme. Could please ensure that you keep to the time line as the applications and interviews are organised outside of the school.

Beyond the School Gates:

This week the first of our students in Beyond the School Gates graduate from their Café Skills Program. The program has involved students from Sandringham and Bentleigh Secondary as well as Berendale and Montague Specials Schools doing a coffee course after school hours then practising their skills at Elanora Aged Care Facilities on a Saturday. We are looking to run the program again in term 3 so let us know if you are interested. Many other programs will begin next term as it is really beginning to gather steam. Through this program Youth Connect will be delivering a Work Readiness Program to 10 of our Year 9 students next term and then in term 4 deliver the program to a combination of Montague students and Berendale students. Shortly there will be a web site that students and parents can access to book into programs. I will let you know when this will be available.

OH&S:

Tomorrow we will be involved in an extensive OH&S audit of the school. It is a very involved process that we started with a pre audit last year. Bruce McPhate and Sam Formica were responsible for getting the extensive paper work, policies procedures and practise up to date and more recently Maree McCutcheon has been finalising this work. I would like to thank them for the excellent work in they have all completed.

I wish all families a safe and happy holiday and look forward to working with you in term 3.

Regards
Paula Barnett
SBAT Application Process

• **14th – 29th June 2012:** Student completes the Application Form

• **29th June 2012:** Application Form to be returned

• **Mid July:** Student interviews to be held

• **July – August 2012:** Student selection to take place

• **August 2012:** Successful and unsuccessful applicants to be advised

• **Mid August:** Students and parents will be invited to an interview to meet the Ticket to Work team.

• **August – November 2012:** SBAT employers to be sourced

• **October – November 2012:** Interviews with employers and work trials (where required) held

• **December 2012:** Sign-up to Marriott Employment Options

• **December 2012:** Students participate in ‘Work Readiness Training’

• **February 2013:** Contract signed, student commences training and employment

Please note:

• Some dates may change due to length of time to source employers
Holiday Camps & Programs

With the July school holidays only two weeks away please be in touch if you are looking for some holiday options for your son or daughter. Bookings for the Bayside Teenage Holiday Program, ‘ExTreme Teen’ opened last week so please contact the youth team on 9599 4622 if you wish to reserve a place. JCAAA also have holiday programs such as the modified sports program at MSAC which is very popular. Contact JCAAA on 9209 6159 for more information or to make a booking. For Kingston residents the Mordialloc Neighbourhood House, 457 Main Street, Mordialloc provides activities for young people aged 12-17. Activities include cooking classes and visits to the cinema, Luna Park and Sidetracked. Some financial assistance is available to meet the cost of activities. Please contact Steve at the Mordialloc Neighbourhood House on 9587 4534.

Parent Support

A reminder that all our parents have access to carer respite and support. Please visit www.respitesouth.org.au for information about disability respite in the southern region of Melbourne. The website is a resource for parents, families and carers of a person with a disability, and provides information about respite options. If you would like to talk to someone about your respite needs, call 1800 052 222 during business hours or for urgent respite call at any time. The school also has information brochures from the Commonwealth Respite & Carelink Centre, so please call or put a note in your student’s diary requesting information.

Sam Bramham OAM visits Berendale

Today Berendale will have a visit from Sam Bramham the very successful Paralympic swimmer. Sam will talk to the students about his life and challenges since having his right leg amputated at age five. Sam is currently in heavy training for the London 2012 Paralympic Games and has his eyes set on gold! We wish Sam good luck and will follow his progress on www.sambramham.com.au Many thanks to OZ Child and particularly to Lyn Lewis for arranging Sam’s visit to Berendale.

Student Records

A reminder to parents that any changes in a student’s personal details must be notified to the office so our records are current and correct. Thank you for your co-operation.

Woolworths Earn & Learn Program & Coles Sports for Schools

Both these programs are up and running. Both will finish in August so we would like your help to get as many vouchers/tokens as possible to exchange for classroom resources and sporting gear at the end of the programs.

Companion Card

The Companion Card was developed for people who need assistance to access venues and activities. The card provides the carer with free or reduced price entry so they can support the young person. While not all our students will qualify, you may wish to look at the requirements and process. Please let me know if you would like an application form or download a copy at the Companion Card Website: www.companioncard.org.au

Maree McCutcheon
During semester 1 year 7 students attended home economics classes. Some students have entered the Home Economics Victoria Scone Challenge, and all students are participating in the Elanora Café Coffee Club. The positive interaction with residents has brightened their days.

Year 9 students have been extending their skills and cooking for themselves as well as assisting with the catering for the Pool Kiosk and Elanora Café.

Year 10 students combine Follow Workplace Hygiene Procedures with a cooking activity, while on Thursdays the VET Hospitality group assists with the operation of the canteen, opens the café at Elanora Aged Care Facility, caters for functions, and operates the Pool Kiosk for students from Southern Autistic School who visit as part of their community access program.

There will be no canteen on the last day of term 2
Friday 29th June
Thanks Janet
Sam Bramham (OAM)
Paralympic swimmer talking to Berendale students.

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>Wednesday 20th June</td>
<td>6.00 pm</td>
<td>School Council Meeting</td>
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<tr>
<td>Friday 29th June</td>
<td>Finish 2.00 pm</td>
<td>End of Term 2</td>
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<td>Monday 16th July</td>
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<td>Start of Term 3</td>
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<td>Monday 13th August</td>
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<td>No students to attend</td>
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<td>Wednesday 15th August</td>
<td>6.00 pm</td>
<td>School Council Meeting</td>
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<td>Wednesday 19th September</td>
<td>6.00 pm</td>
<td>School Council Meeting</td>
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<tr>
<td>Friday 21st September</td>
<td>Finish 2.00 pm</td>
<td>End of Term 3</td>
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<tr>
<td>Monday 8th October</td>
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<td>Start of Term 4</td>
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<tr>
<td>Wednesday 17th October</td>
<td>6.00 pm</td>
<td>School Council Meeting</td>
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<tr>
<td>Tuesday 6th November</td>
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<td>Melbourne Cup Day</td>
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<tr>
<td>Tuesday 20th November</td>
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<td>School Concert</td>
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<td>Wednesday 21st November</td>
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<td>Curriculum Day</td>
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<td>Wednesday 28th November</td>
<td>6.00 pm</td>
<td>School Council Meeting</td>
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<tr>
<td>Friday 21st December</td>
<td>Finish 12.00 pm</td>
<td>End of Term 4</td>
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Things have been buzzing in the art room with heaps of different activities from year 7 to year 12.

Year 7 and 8 have been focusing on the theme of the Olympics. We have completed group works on Athletics and Year 8 have made a huge drawing of English Castles. These pieces are displayed in the hall.

Year 9 and 10 have produced paintings which will soon be hung on the fence at the back of sub school 2. We are now embarking on woodwork and ceramics.
The year 11 boys have made 2 picnic tables which are now in front of Sub School 3 as well as cladding a wall with pine lining in the bus shed.

The VCAL art group have produced group works based on the theme of Now and Then.

FUN TO BE
Highlights of our program this term include the running of auditions for Berendale’s Got Talent and the introduction of Zumba classes.

Berendale’s Got Talent auditions are being held in house groups on Tuesdays at lunchtime in the hall. Students have the opportunity to perform for their house group using our new P.A. system. The audience then posts votes for their favourite items and the two most popular items go into the semi-finals. Enthusiasm for participation in these auditions is steadily growing.

Zumba is a recognised fitness training program set to music. We use the whiteboard in the hall to follow a training and performance program and most of the students are enjoying these sessions. We are working to polish our skills on some routines so that we can put on a performance later in the year.

Jenny Tupper
Zumba
WORK EXPERIENCE
TERM 2

Students from 12A were at Oakleigh Centre Industries for their work placement in term 2. They have been fantastic workers and have all agreed that it is a great place to work. It is wonderful to see students mix with other workers and learn the workplace procedures.

The staff and co-workers at Oakleigh have really appreciated the work done by our students and have commented on the good standard being produced. The students are to be congratulated! Back safely as well! Thanks to our wonderful bus driver Andrew who gets us there and back safely as well!

Placements for term 3 are being organised and details will be sent home before the end of the term. A reminder to the parents who agreed (thanks!) to assist with travel training to work experience to have a few trial runs during the holidays to avoid any problems on that important first day.
Centre for Developmental Psychiatry & Psychology  
Parent/Guardian Explanatory Statement  

Emotional Problems in Adolescents with Intellectual Disability

This information sheet is for you to keep.

You are invited to participate in a research project. This project is being conducted by Dr Kylie Gray, Dr Glenn Melvin and Ms Sarah Milsome of the Monash University Centre for Developmental Psychiatry & Psychology. Ms Milsome is currently studying for the Doctor of Psychology (Clinical Psychology) and will be writing a thesis on this topic.

You have been given this information by your child’s school. We are inviting the parents of adolescents aged 13 to 18 years old to assist us with a project on the types of emotional problems experienced by some adolescents. We are interested in speaking to parents of adolescents who do not have emotional problems, as well as parents of adolescents who do have emotional problems.

About the study
There is little information currently available about the types of emotional problems, such as depression and anxiety, that may be experienced by adolescents with intellectual disability. A better understanding of the emotional problems will help to identify and treat adolescents and provide support to their families. There are currently no specific parent-completed questionnaires available for assessing these emotional problems in adolescents with intellectual disability.

Possible benefits
This study will provide information about the types of emotional problems experienced by adolescents with intellectual disability. The study will also provide information about the most effective parent-completed questionnaires to use to identify adolescents that may need help with emotional problems. The study will contribute to making it easier in the future for parents, teachers and health professionals to identify when young people are in distress and require treatment.

What does the research involve? How much time will the research take?
The study involves the completion of some questionnaires and an interview with a researcher about your child’s behaviour and emotions, which can be completed at a time that is convenient to you. The questionnaires will take approximately 1 hour to complete and the interview will take approximately 1 hour. You will also be asked to give some questionnaires to your child’s teacher for them to complete about your child’s behaviour and emotions. The teacher’s questionnaires are the same forms that you will complete. An assessment of intellectual functioning will also be completed with your child if no assessment has been done in the previous 3 years. This will take approximately 1 hour. You will be provided with a report on the results of the assessment. These results may be of use to professionals involved in the care of your child. Copies of reports for other professionals will only be provided with your consent.

If any specific difficulties or problems are identified, a referral to appropriate services will be arranged. If you express any concerns or need any help, this will also be arranged.

If you agree to be a part of this project, please detach and complete the attached consent form. A member of our research team will then contact you about the project. You can return the form to us in the reply paid envelope which is attached to the form. No stamp is necessary.
Voluntary participation

Please note that participation in this project is voluntary and you can withdraw from the study at any time. Whether you take part or not, it will not make any difference to the medical care or other professional services which your child or your family receive.

Confidentiality

Information that is gathered is securely stored on computers and de-identified (names are not used). There will be nothing in any reports of the study that could identify individual children or families. Reports on the study will be submitted for publication, but individual participants will not be identifiable in such reports.

Storage of data

Storage of the data collected will adhere to the University regulations and kept on University premises in a locked filing cabinet for 5 years. The research staff that are directly involved with the study are the only people who have access to these files. You may access the file containing information collected about your child by contacting Dr Kylie Gray.

Ethical guidelines

This project will be carried out according to the National Statement on Ethical Conduct in Research Involving Humans (1999) produced by the National Health and Medical Research Council of Australia. This research project has been approved by the Monash University Human Research Ethics Committee (MUHREC) Monash University, Clayton.

Results

If you would like to be informed of the research findings, please contact Dr Kylie Gray (see below). The findings will be available from December 2012.

<table>
<thead>
<tr>
<th>If you would like to contact the researchers about any aspect of this study, please contact the Chief Investigator:</th>
<th>If you have a complaint concerning the manner in which this research is being conducted, please contact:</th>
</tr>
</thead>
</table>
| Dr Kylie Gray  
Centre for Developmental Psychiatry & Psychology  
Monash Medical Centre  
246 Clayton Rd  
Clayton VIC 3168  
Ph (03) 9594 1301  
Fax (03) 9594 6333 | Executive Officer  
Monash University Human Research Ethics Committee (MUHREC)  
Building 3e Room 111  
Research Office  
Monash University VIC 3800  
Tel: +61 3 9905 2052  
Fax: +61 3 9905 1420  
Email: muhrec@monash.edu |

Thank you for taking the time to assist with our research project.

Dr Kylie Gray  
Dr Glenn Melvin  
Ms Sarah Milsome
PARENT / GUARDIAN CONSENT FORM

Print name

Address

Contact number

have been asked to participate in the research project entitled ‘Emotional problems in adolescents with intellectual disability’ being conducted by Dr Kylie Gray, Dr Glenn Melvin and Ms Sarah Milsome and involving myself and my child,

Name of child

Date of birth

I give voluntary consent for my son/daughter for whom I am the guardian to participate in the above Monash University project. I have had the project explained to me, and I have read the Explanatory Statement, which I keep for my records. I understand that the research study will be carried out in a manner conforming with the principles set out by the National Statement on Ethical Conduct in Research Involving Humans, and further that:

1. I understand the general purposes, methods, demands and benefits and possible risks, inconveniences and discomforts of the study as outlined in the ‘Parent/Guardian Information Sheet’ that has been given to me.

2. I understand that I may access the records of the information I provide about my child by contacting Dr Kylie Gray.

3. Although I understand that the purpose of this research project is to improve the quality of care, it has also been explained that my involvement may not be of any direct personal benefit to me or my son/daughter/person for whom I am the guardian.

4. My participation in the research study is voluntary, and I am free to withdraw at any time, and to continue receiving appropriate treatment for my son/daughter/person for whom I am the guardian, as will be the case if I do not volunteer to enter the study.

5. I have been given the opportunity to have a member of my family or a friend present while the project was explained.

6. I have been given the opportunity to ask questions in relation to the research study, and I have received all the information and explanations I have requested.

7. I understand that any information I provide is confidential, and that no information that could lead to the identification of any individual will be disclosed in any reports on the project, or to any other party.

Parent / guardian signature

Signature

Date