Dear Parents/Carers

I look forward to seeing everyone at the Annual General Meeting on Wednesday 20th March. Those parents with students performing need to get to school prior to 6pm. It will be a great night and will also feature the presentation of badges to our new school captains and school council councillors.

A note was sent out this week and we do require numbers attending immediately.

**Fund Raiser:**
We have Entertainment Books for sale as a fund raiser. We have had a poor response to these so far so it would be good if you could get behind these. They are $65 and if you use them a couple of times you easily get your investment back.

**Possible New Program:**
We are thinking of putting on a new Beyond the School Gates Program involving African Drumming. This will be in conjunction with Kingston Council and will be a session for families to attend together. We are interested in whether you would like to be involved and where and when you would like this event to happen. Part of the survey explores costs you would pay however we may be able to negate this with funding through Beyond the School Gates. If you haven’t tried drumming it’s fantastic and no skill is required to have fun and participate. It would be great if you could fill out the attached flyer and return it to school by 5th April.

**New School Based Apprenticeship and Traineeship Program:**
12 of our students will be taking part in a new Horticulture Traineeship at Berendale School. This will be organised through FS Learning and ATEP and our students will complete Certificate 11 in Horticulture and be employed by ATEP at Traineeship rates to complete nominated projects around the school. It is an exciting new project that increases the number of students completing School Based Apprenticeships

**Year 11/12 Presentation Ball:**
We are currently seeking interested students to be involved in the Presentation Ball. So far we have had responses from students at Berendale and Montague and have around 20 participants. If you know of anyone who is 17 or 18 with a disability and would like to do their Deb please contact the school. We are short of girls in particular so would be very pleased to get responses from them. Students participating would need to attend dance lessons on a Friday morning during Term 2.

This will be the last Bulletin for Term 1 so we wish you a very happy holiday and look forward to working with you in Term 2

Have a great week

Paula Barnett
Bully Stoppers: ‘Make a Stand, Lend a Hand’

This is the name of a major new Victorian Government campaign to prevent bullying. Launched last Friday the campaign is based on a series of online resources for students, parents and teachers. Bully Stoppers supports the school community in working together to ensure schools are safe and supportive places, where bullying is taken seriously and not ignored. All schools have been asked to take the Bully Stoppers Pledge. This is a great way for teachers, parents and students to all show that they are going to ‘take a stand, lend a hand’ against bullying. Learn more by visiting www.education.vic.gov.au/bullystoppers.

Family Support

A Funding Information Session is being hosted by Marriott Support Services on Thursday 21st March commencing at 7:00 pm at Marriott House, 100 Wheatley Road, McKinnon (Melways Ref: Map 68, C12). If you currently have DHS funding or will be applying for it (including accommodation) in the future, this is an opportunity to hear from MOIRA F1 (Financial Intermediary) about your options. This is a free event; however registration is required at events@marriott.org.au or by phoning Nancy on 9555 0777. While this session will be of particular interest to our parents of senior students, everyone in our Berendale School community is welcome to attend.

Glen Eira, Bayside and Kingston Youth Services

Bayside and Kingston Youth Services continue to support Berendale through their excellent school-based programs. While several Year 8 students participated in a music program with Glen Eira Youth Services this term. Held in a sound studio Sam and Josh have made a CD of their music, which we are looking forward to hearing very soon. During Term 1 Bayside have held lunchtime activities for our Year 7 students, and Kingston a cyber bullying program for Years 9 & 10. Next term Kingston will conduct information sessions with Years 11 & 12, while Bayside are offering a social skills program for Year 8. We thank the Youth Services for their interest and ongoing support for our school.

Paramedics at Berendale

Every Monday in Term 2 we will once again have a group of Monash Paramedic students assisting staff and students with daily activities. This program was a great success last year and has benefits for the school through the support given, and for the students who learn a great deal from working with students with disabilities. Please give me a call if you would like to know more about the program.

Recreation & Holiday Programs

Please be in touch if you are interested in recreational and holiday programs for your son or daughter, as soon as possible. Many programs are filling rapidly and some of the most popular activities now have limited vacancies. So please don’t delay if you are wanting a spot!

Best Wishes for a Happy & Safe Holiday Season

Maree McCutcheon
### WHEN PAYING SCHOOL FEES

When depositing school fees in to the school’s bank account it is very important to add in the student’s name so it can be easily identified.

### LAST CALL FOR ORDERS OF ENTERTAINMENT BOOK 2013/2014

**PLEASE CONTACT THE OFFICE BY WED. 20TH MARCH**

$65 PER BOOK (School receives 20% of sales)

### IMPORTANT DATES

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<tr>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Wednesday 20th March</td>
<td>5.30 pm</td>
<td>School Council Meeting</td>
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<tr>
<td>Wednesday 20th March</td>
<td>6.00 pm</td>
<td>AGM / Student Performance Night</td>
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<td>Thursday 28th March 2013</td>
<td>2.00 p.m. Finish</td>
<td>End of Term 1</td>
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<td>Monday 15th April 2013</td>
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<td>Start of Term 2</td>
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<td>Thursday 25th April 2013</td>
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<td>ANZAC Day</td>
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<td>Monday 13th May 2013</td>
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<td>Student free day</td>
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<td>Monday 10th June 2013</td>
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<td>Curriculum Day</td>
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<td>Friday 28th June 2013</td>
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<td>Queens Birthday</td>
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<td>Monday 15th July 2013</td>
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<td>Start of Term 3</td>
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<td>Tuesday 20th August 2013</td>
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<td>Student free day</td>
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<td>Friday 20th September 2013</td>
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<td>Curriculum Day</td>
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<td>Monday 7th October 2013</td>
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<td>Start of Term 4</td>
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<td>Tuesday 5th November 2013</td>
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<td>Public Holiday</td>
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<td>Tuesday 19th November 2013</td>
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<td>Melbourne Cup Day</td>
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<td>Friday 20th December 2013</td>
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<td>Performance and Awards Night</td>
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<td>Friday 20th December 2013</td>
<td>12.00 pm Finish</td>
<td>End of Term 4</td>
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This term Sarah, Lachlan, Evander and Lucas have planted seeds and enjoyed watching them grow and mature. This week we harvested some of our produce including some large pumpkins.

These were carried up to the kitchen area where other students used them in soups and rolls and muffins. These were delicious as all our produce is grown organically.
Physical Education in Sub School One

So, Term 1 of 2013 is quickly drawing to a close. Sub School One students are well established in their daily routines and fully adapted to their new timetables and programs. We are set to add yet more new and exciting opportunities and activities to their Friday mornings as well as the return of some old favourites. We would like to take this opportunity to reflect on our Physical Education Program this year so far.

All SS1 students participate in a daily walk which sets them up for the day ahead as well as providing valuable physical activity. Students and staff walk together around the local area following a planned route which involves different students taking up the challenge of leading the group. Everyone is involved no matter what their individual physical ability and the leaders pace the walk by waiting for everyone to catch up at each corner of the route.

Fitness lessons take place weekly in the gym and are taught in combined groups of two classes at a time, where the development of team spirit and sportsmanship as well as getting fitter and stronger are key focus areas. A program combining circuit training, relay races and skills training for various sports has kept the students interested and already they are showing greater resilience and persistence.

The weekly Swimming program has continued to focus on water safety, confidence in and around the water and the development of stroke technique.
The Friday morning sports program where Sub School one and two students combine has traditionally proved to be a favourite of many students here at Berendale. However, we also have students that prefer not to participate in team sports and very physical activities. To better cater for the diverse needs of all students the Friday morning sports program has been renamed this year! “Recreation and Leisure” seems to encompass the range of experiences we will provide over the year to come. Term One has given the students the opportunity to participate in a rotation of three activities during the morning in mixed groups.

“Tennis skills” proved popular,

“Boot camp” worked up a sweat and “Fine Motor Activities” provided a welcome relief from the strenuous activities.

In addition to this school based program, we were also very fortunate to be able to take a group of Year 9 and 10 students sailing at Black Rock and another group have again participated in the fortnightly horse riding program through the RDA.

During Term 2, we aim to continue to develop the fitness, social and team skills that the students have gained this term.
Community Access Year 9

We went to the Keysborough Animal Shelter. We donated blankets, towels, litter trays and $20 dollars to the shelter to use for the animals who are looking for homes. People take turtles, possums, birds, cats and dogs to the shelter.

Be kind to animals
In Work Related Skills we learn about the Importance of safety signs in the workplace. We went to South Melbourne Market where we completed a safety signs scavenger hunt.
WORK RELATED SKILLS

Every Wednesday we go to job places. We went to Chadstone and we had a sheet where we had to go to different shops and record how many employees they had, what uniform they wore, what they sold, if we would like to work there and if more then 5 employees worked there. We had to meet at the food court at 12:30 for lunch and we got to get our lunch from a cafe. When we got there we went to the information desk to learn where it is and to collect a map of the centre. We got put into different groups to do the activity.

By Ruby Edhouse Sub School 3.
AFRICAN DRUMMING

EXPRESSION OF INTEREST!

We are seeking expressions of interest from families who would like to get together and enjoy some African Drumming!

The MetroAccess Officer at Kingston City Council would like to find out how many families are interested in getting together with other families in the area and make some music by African Drumming.

She needs to collect some information so that she can find out the interest level and what you would like.

How frequent would you like the Drumming Workshops to happen?
- □ Fortnightly
- □ Monthly
- □ Once a school term

When would you like this to happen?
- □ Saturday
- □ Sunday
- □ Weeknight (preferred weeknight?)

Where would you like this to happen?
- □ Moorabbin
- □ Cheltenham/Mentone
- □ Chelsea

How much per person are you willing to pay?
- □ $6 per person
- □ $8 per person
- □ $10 per person

Thank you for your time in filling in this survey. If you have any comments you’d like to make, you can do so by writing on the back. Please return this completed form by Friday 5th April to Megan Grant, Kingston Council. PO Box 1000, Mentone 3194
INVITATION TO PARTICIPATE IN RESEARCH

The Centre for Developmental Disability Health Victoria at Monash University in collaboration with Balance Therapeutics, Pty Ltd., is researching whether a medication can improve the cognitive abilities of people with Down syndrome. They have asked the permission of Down Syndrome Victoria (DSV) to contact people with Down syndrome and their carers about the project:

Researchers are looking for persons with Down syndrome between the age of 13 through the age of 35 to take part in this clinical trial

Participants in the clinical trial will receive reimbursement for their travel expenses

For more information contact:

A/Prof. Robert Davis OR Ms. Andrea Barber
Phone: 03 9902 4467 Phone: 03 9902 4454
robert.davis@monash.edu andrea.barber@monash.edu

Website containing further project information
www.anzctr.org.au

The Board of Management of DSV have approved distribution of this information to relevant members in accordance with our research philosophy and guidelines. It is important that families and carers seek all the information they require to assist in their decision making about participation in any research project from appropriately qualified health professionals.

Down Syndrome Victoria remains committed to unconditional acceptance and support of all individuals with a disability. If you do not wish to receive information about future research projects please contact us at info@dsav.asn.au or (1300 658 873) and your contact details will be removed from our research mailing list.

Version 3.0, 14 July 2012